



NEWS LETTER

FEBRUARY 2026



Champs Season is Here!

February kicks off the start of our Championship season and is our busiest month yet! This month our swimmers will participate in Bronze, Silvers, States, and 8&Under Champs!

Silvers is coming up!

This is our biggest fundraiser of the year! A friendly reminder that ALL 9 and over families are **required** to volunteer throughout the weekend. Please see the **Parent's Corner** for more info!

February Events

- **Y Bronze Championships (9-12s):** Feb 6-8th
- **Y Silvers Championships (9&Over):** Feb 13-15th
- **12&U Y State Championships:** Feb 20-22nd
- **8&Under Championships:** Feb 28th
- **SAY Mini Pentathlon (8&Us):** Mar 1st



What's Included in this Edition:

- **Parent's Corner:** Silvers
- **New Tech for Better Swims**
- **Snow Shoveling and Acts of Kindness**
- **Championship Changes**
- **Qualifiers for Nationals and Zones**

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PARENT'S CORNER

Silvers is 2 Weeks Away!!!

Hello LHY Family,

Volunteer Jobs for Silver Championships are now posted!

Please remember that **all families with swimmers age 9 and older are required to volunteer**. If your swimmer(s) are participating in Silvers, you must volunteer **for each session in which they are swimming**. If your swimmer is not competing, you are still required to volunteer for at least one session. If you are volunteering to officiate, please be sure to register on the SignUp Genius link as well as the job sign up.

Families who have not yet met their regular season volunteer requirement may sign up for extra sessions to help reach that goal. When registering, please be sure to note if the session is an "extra session" so we can apply the point(s) correctly.

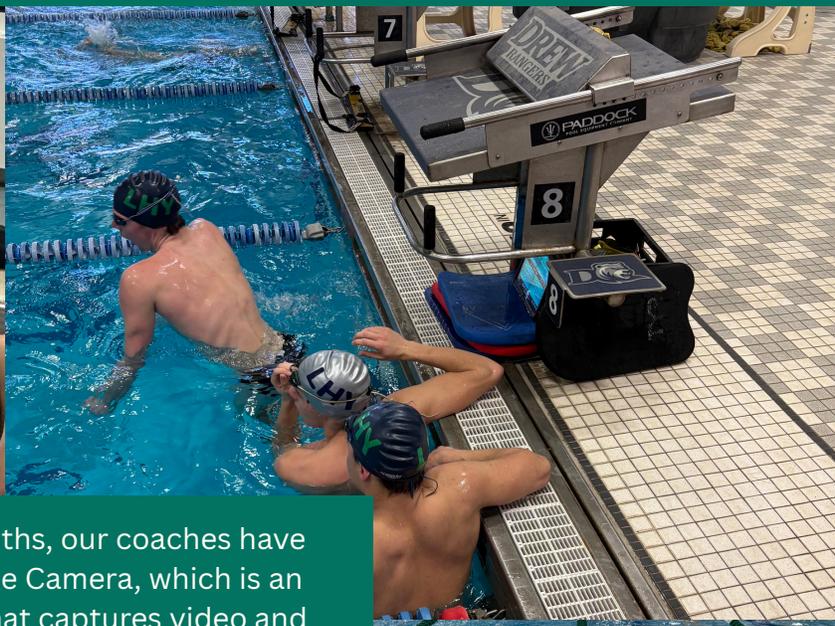
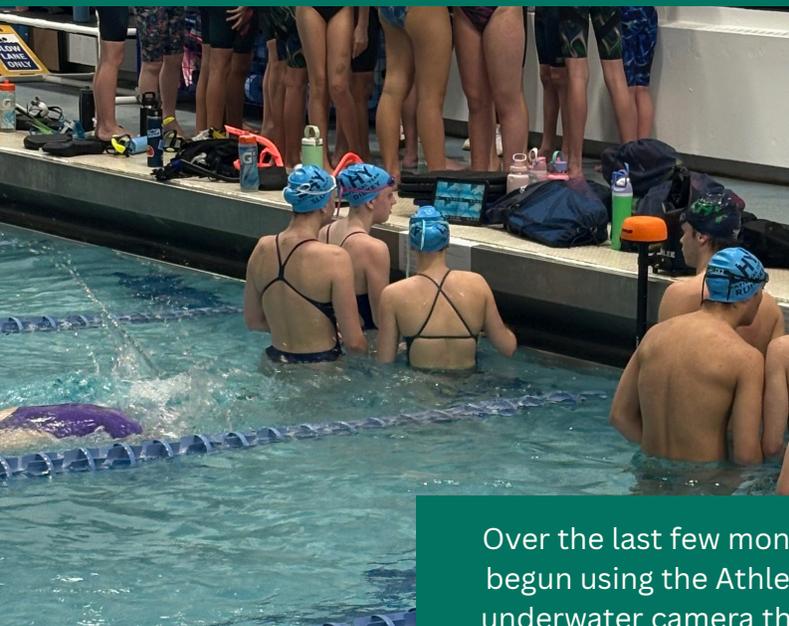
Thank you in advance for your time and support. This meet is our team's largest fundraiser and helps us provide equipment and programs that enrich our swimmers' experience at LHY. If you should have any questions, please reach out to **lhyvolunteercoordinator@gmail.com**.

Thank you again for supporting this major endeavor. We look forward to working together to host an outstanding championship and to seeing everyone poolside as we take on the biggest meet in the state!

GO LHY!!!

-Kim Lebron, LHY Swim Team President

NEW TECH FOR BETTER SWIMS



Over the last few months, our coaches have begun using the Athlee Camera, which is an underwater camera that captures video and images that coaches and swimmers watch to review their technique from a new perspective. This camera is used at some of the biggest club teams in the country, some of the best college teams, and at the US Olympic Training Center. The recordings are instantly streamed to an iPad or iPhone for live replay, adjustable delay, annotation, and analysis without having to export the video.

We want to give a huge THANK YOU to the Parent Committee and their fundraising efforts, as this purchase would not have been possible without them!





Snow Shoveling + Acts of Kindness



CHAMPIONSHIP CHANGES

This year, there have been some changes made to the YMCA Silvers and YMCA State Championships...

The NJ YMCA Swimming State Championship Committee completed its annual review of our league's championship meet series. After evaluating timelines, participation levels, and facility logistics, the League is implementing several updates to improve meet flow, swimmer experience, and overall event quality. Please review the changes below, which apply to the Silver and State Championship meets. We wanted to break down what is changing for each meet:

YMCA Silver Championships

- The meet will take place at the Jersey Aquatic Center
- The meet will expand to three full days.
- The meet will run in one pool, with the flexibility to use 8–10 lanes based on entries.
- Distance events (1000/1650) will have the option to run in two pools if necessary.

12&Under YMCA State Championships

- The meet will expand to three full days: Friday, Saturday, and Sunday.
- The 9–10 age group will now have Finals for the Top 8 on Saturday and Sunday.
- Swimmers are limited to 7 events total, with no more than 3 events per day.
- The 200s of stroke (Fly, Back, Breast) for 9–10s will be Timed Finals on Friday night
- Entry into the 200s of stroke will require a qualifying time in the 100 of that stroke.

13&Over YMCA State Championships

- Swimmers may enter either the 1000 free or the 1650 free, but not both. Both events will be swum on Thursday.
- Distance swimmers may have the option to compete in these events at Silvers instead.

Qualifiers for:

NATIONALS

Lulu Barnard
Blake Bauer
Dalton Brooks
Michael Bunzendahl
Alexia Davies
Serena Dickey
Hunter Gallo
Parker Gentile
Justin Godoy
Max Hann
Madison Kehoe
Charly Macaranas

Maya Marek
Kylie Papendick
Mariah Quad
Charlotte Roeland
Anderson Ruhnke
Vicky Sluk
Sofia Suarez Escobar
Nicholas Tecchio
Jessica Tsang
Sarah Tsang
Michael Xu
Stefan Yousuf

ZONES

Denis Avdeev
Nolan Backus
Brooke Bauer
Adelyn Bennington
Robert Borno
Nathaniel Devine

Ivy Jia
Aiden Li
Leo Logunovskiy
Kabir Patel
Hudson Piwowarski
Bryn Stitzel
Matthew Zoltek